LIVING OUT LOUD

LIVING, LOVING, LAUGHING, LEARNING, LOBBYING

EDITOR'S NOTE
Summer is here! The kids are out of school and looking forward to having to hanging out with their friends, going on trips with their families or going to summer camps.

I wish you all a fun and safe summer. Go out and enjoy nature. Have picnics in the park or do some fun activities together.

DEVOTION
“Do not boast about tomorrow, for you do not know what a day may bring forth” - Proverbs 27:1

Many of us make plans in advance but the Bible cautions us not to do that because we don’t know what each day will bring. We have no control over the future. We ought to thank God each time we live to see another day.

TAKE ACTION
Speak up about child labour.

You can help address the worst forms of child labour - right here at home. Sign the petition and call on our government to introduce Supply Chain Transparency legislation in Canada.

Sign Petition

HEALTH WATCH
Here are 8 healthy drinks for your kids this summer:

- Buttermilk
- Mango Shake
- Fresh Lemonade
- Banana Shake
- Fresh Fruit Juice
- Sweet Lassi
- Almond Milk
- Coconut Water

Source: The Champa Tree
**LEARN A NEW LANGUAGE**

Years ago my sister and I learned Italian because we traveled to Italy and wanted to be able to speak the language with the locals. We did the Beginner’s, Intermediate and Advanced courses at a High School. It was a lot of fun and we got to use what we learned when we went to Italy. Years later when I went on a tour with a church group, I spoke a little bit of Italian to the waiter and he was impressed. Learn a new language. It’s worth the trouble, believe me.

“There is divine beauty in learning…. To learn means to accept the postulate that life did not begin at my birth. Others have been here before me, and I walk in their footsteps.” — Elie Wiesel

**IN THE SPOTLIGHT**

Indra Nooyi was the former CEO of PepsiCo, the world’s 4th largest food and Beverage Company. Under her leadership PepsiCo surpassed Coca-Cola in market value for the first time in history. Now she is a Board Member of Amazon. Time after time she has ranked among the world’s 100 most powerful women. In 2014, she was ranked at number 13 on the Forbes list of The World’s 100 Most Powerful Women and as the 2nd most powerful woman on the Fortune list in 2015.

Born to a Tamil-speaking family in Madras she did her schooling in Holy Angels Anglo Indian Higher Secondary School in T.Nagar. She received Bachelor’s degrees in Physics, Chemistry and Mathematics from Madras Christian College of the University of Madras in 1974 and a Post Graduate Programme Diploma from Indian Institute of Management Calcutta in 1976. In 1978, Nooyi was admitted to Yale School of Management where she earned a Master’s Degree in Public and Private Management in 1980.

In her early career, she held product manager positions at Johnson & Johnson and Vice President and Director of Corporate Strategy and Planning at Motorola. She joined PepsiCo in 1994 becoming the company’s fifth CEO in its 44 year history. The Yale School of Management will name its deanship in honour of Nooyi as she gifted an undisclosed amount, making her the school’s biggest alumni donor and the first woman to endow a deanship at a top business school. Wife of Raj K. Nooyi, President at AmSoft Systems and mother of two daughters, she was ranked 3rd spot among the "World's Powerful Moms" list by Forbes. When she was in India, she played cricket and the guitar in an all girls’ band.

Sources: [Wikipedia](https://en.wikipedia.org/wiki/Indra_Nooyi); [The Feminist Ezine](https://www.thefeministezine.com/indra-nooyi)